

IIMT Ayurvedic Medical College and Hospital

Department Of Panchakarma

Name - Dr Shawn Kumar

Department - Panchakarma

Degree - B.A.M.S , M.D Panchakarma

Registration Number - 69639

Panchakarma Department an super specialty branch of Ayurveda that is the unique contribution of Ayurveda to mankind that extends the therapeutic benefits equally over the curative, preventive & promotional aspects of health in both *shodhana* (Purification) and *shamana* (Pallative)

The Panchakarma Department provides theoretical and practical training to BAMS scholars, Panchakarma technicians. Panchakarma treatment and allied therapies are provided to the patient at OPD and IPD levels. Faculty members are also extending their clinical services in remote rural areas and through medical camps as per the direction of the competent authorities.

The horizon of Panchakarma starts from the five intensive therapeutic modalities namely

- A. *Vamana***
- B. *Virechana***
- C. *Niruha Basti***
- D. *Anuvasana Basti***
- E. *Nasya Karma.***

Vision:

To be the state of art centre, representing with benchmarks in practice and propagation of panchakarma globally.

Mission:

- Department focuses on providing more promising results in chronic musculoskeletal, neurological and lifestyle diseases.
- To provide disciplined quality Panchakarma health service to patients
- To impart research on Panchakarma for better living
- To provide proper care and treatment of both acute and chronic conditions
- To provide standard panchakarma therapies to patients

Objective:

- To conduct Clinical, experimental and analytical Researches to prove the efficacy and scientific basis of Panchakarma in Musculoskeletal, Neurological, Autoimmune, Lifestyle, Allergic and Neuropsychiatric disorders etc.
- Also to train BAMS Scholars by hands on practice of Ayurveda medicine in general and Panchakarma in particular and provide authentic Panchakarma treatment to the needy patients

The Department covers a wide range of diseases and disorder of Affecting various system and organs of body Such as-

A. Neurological and Spinal Disorders

Pakshagata (Hemiplegia)

Ekangavata (Monoplegia)

Ardranga Vata (Paraplegia)

Ardita (Facial Palsy, Bals Palsy)

Gridrisi (Scitica)

Manya Sthamba (Cervical Spondylitis, Cervical Radiculopathy)

Kati Shoola (Disc Prolapse, Disc Slip, IVDP, Sacroillitis, Disc Bulge)

B. Auto Immune Disorders

Amavata (Rheumatic Arthritis)

Switra (Vitiligo)

Ganda Mala (Hashimoto's thyroiditis, Addisons Disease)

Madhumeha (Diabetes)

C. Respiratory Disorders

Swasa & Kasa (Asthama, Bronchiectasis,)

D. Cardiovascular Disorders

Hrudroga (Arterial Septal Defect, Valvular Heart Disease, Atherosclerosis)

E. Gastro Intestinal Disorders

Amlapitta (Gastritis

Atisara (Diarrhea)

Grahani (IBS, Gastroenteritis)

F. Skin Disorders

Kusta (Psoriasis, Dermatitis, Fungal Infection, Urticaria)

Pidika (Acne, Pimples)

G. Endocrinology Disorders

Gala Ganda (Thyroid Disorders)

Sthoula (Obesity, Weight Gain)

Prameha (Diabetes Mellitus – type 1 and type 2)

H. Musculoskeletal Disorders

Sandhigata Vata (Osteoarthritis,)

Vata Rakta (Gouty Arthritis)

I. Urinary System Disorder

Mutra Krucha (Chronic Kidney Diseases, Kidney Stones)

Mutra Sada (Burning Micturation, Dysuria,)

J. Sexual Dysfunctional Problems

Klabya (Erectile Dysfunction, Oligospermia , Azoospermia)

K. Geriatric Disorders

Amavata (Arthritis).

Mutra Vikara (Chronic Kidney Disease).

Phuphasa Roga (Chronic Obstructive Pulmonary Disease.)

Mansika Vyadhi (Dementia, Alzheimer's, and Parkinson's.)

Prameha (Diabetes)

Treatments Available in Panchakarma Department

- Vamana Karma
- Virechana Karma
- Nasya Karma
- Niruha Basti
- Anuvasana Basti
- Jaluka Avacharan
- Sira Vyadha
- Shiro Dhara
- Nasya
- Shiro Abyangam
- Mukha Abyangam
- Akshi Tarpana
- Greeva Basti
- Hrud Basti
- Kati Basti
- Prusta Basti
- Parisheka
- Upanaha
- Lepa
- Shiropicchu
- Uttara Basti

- Agni Karma
- Istika Sweda
- Nadi Sweda
- Baspa Sweda
- Jambira Patra Sweda
- Shastikashali Pinda Sweda
- Mamsa Pinda Sweda
- Kokutatwakanda Pinda Sweda
- Abyanga
- Godhuma Pinda Sweda
- Taila Dhara
- Dhannyamla Dhara
- Udwartana

Infection Control for Panchakarma Therapy Room

The Panchakarma Therapy room is well-designed and has a coordinated infection control programmed aimed at reducing/ eliminating risks to patients, visitors and providers of care with proper Bio Medical Waste Management. All therapist are well trained in managing infection control in the respective therapy rooms

Infections Controls like – Fumigation, Auto Clave and sterilization Process

Policy:

Uniform Care of Patients:

1. The planning and provision of care shall be based on individual patient assessment and shall focus on the patient's response to actual or potential alterations to health.
2. All patients are treated alike irrespective of their religion, cast, social status, financial ability ect.
The safety of all patients seeking health care at this hospital is the prime responsibility of this hospital. A uniform patient care system is laid down in all areas so as to provide excellent service

3. Similar care is given in different settings which are guided by applicable laws and regulations; care delivery shall be uniform in emergency and ambulance services, Cardio Pulmonary Resuscitation, while using blood and blood products, Post-surgical recovery rooms, etc.
4. DYPCAHRC has the policy for delivering uniform care to all patients irrespective of the care setting right from the admission to 'discharge fir IPD cases, in OPD services and emergency services.
5. Laboratory facilities, OT facility, Diagnostics, Nursing Care are uniformly provided to all patients irrespective of category of patients.
6. All protocols are uniformly given in the same manner to all patients irrespective of the category.
7. Uniform care is guided by all laws & regulations.
8. It is further ensured that the care and treatment orders are legibly signed, named, timed and dated by the concerned doctors and nurses, the main idea being that the authors of these orders are identifiable by all and the chronology of care process is maintained.
9. Clinical preface guidelines are adopted to guide patient care whenever possible.